

**PRESS INFORMATION**

Bonn, 1. May 2018

**Beta Prevent: Health Check-ups**

The earlier an illness is diagnosed, the better and faster it can be healed as a rule. With a good prevention programme the basis for good health and quality of life can be enjoyed into old age. "With our health care offers, we offer our patients the opportunity of early detection and prevention of any health issues. All this can be done and carried out on one day at a mutually agreed time in comfortable surroundings and supported by the most modern examination procedures and diagnostic equipment", explains Dr. Andre Demant, head of preventative check-ups at the Bonner Beta Klinik.

The Beta Checks are carried out under the personal guidance of one of the doctors who also leads the in-depth final discussion. The patient receives an examination folder containing the doctor's report and documenting all results, findings and recommendations for treatments / therapies.

The private Beta Klinik together with Beta Prevent offers three different Check-Up Programmes which can be individually tailored according to patients' needs:

- Beta Basis Check
- Beta Executive Check
- Beta Premium Check

**Beta Basis Check**

- In-depth consultation with doctor about your medical history
- Neurological, internal and orthopaedic clinical examination
- Laboratory examination with relevant parameters for check-up
- MRI of relevant body parts in agreement with doctor
- Computer tomography (CT) of lungs and heart for risk assessment in the case of given indicators
- Resting and stress ECG
- Lung function test

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- Ultrasound examination of carotid arteries and assessment of stroke risk
- Ultrasound examination of thyroid
- Heart – Echocardiography
- Sight and hearing tests
- Analysis of results and recommendation of treatment
- Recommendations and Check-up Plan for the following year

**Beta Executive Check** in addition to the Beta Basis Check comprises:

- Additional consultation with specialist doctor according to wish or need
- Whole body magnetic resonance imaging (MRI) including arteries supplying with 3D reconstruction
- DEXA – bone density measurement according to any given indicators
- Diabetes risk analysis

**Beta Premium Check** in addition to the Beta Executive Check comprises:

- A total of two specialist doctor consultations according to wish or need
- 3 Tesla MRI of the prostate for men
- Computer tomography of the coronary arteries and the lungs with contrast agents and
- 3-D reconstruction (for any given indicators)
- Determining of individual hormone profile
- Tumour markers

In addition to the Beta Check-ups a genetic examination can be booked to determine the risk of any future illnesses and the effectiveness of patients' medicines.

For further information:

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